

Sunday 8th February 2026

Mass Intentions.

Tourlestrane church

Sunday 8th February 10.30am: Martin Walsh, Rhue

Monday 9th February: No Mass

Tuesday 10th February: 9.30am

Wednesday 11th February 9.30am Eddie & Mary Moran

Thursday 12th February: No Mass

Friday 13th February: 7pm

Saturday 14th February:

Sunday 15th February: 10.30am: Damie Cawley, deceased of Cawley family

Kilmactigue church

Saturday 7th February: 7pm Ellie & Patrick Gallagher, daughter Mary Lydon, sons Ben and Seamus

Sunday 8th February: No Mass

Monday 9th February: 9.30am

Tuesday 10th February: No Mass

Wednesday 11th February; No Mass

Thursday 12th February: 9.30am

Friday 13th February: No Mass

Saturday 14th February: 7pm

Sunday 15th February No Mass

Lough Talt church

Sunday 8th February: 9.20am : Josie & Anthony Mullarkey, son Tommie

Sunday 15th February: 9.20am:

First reading

Isaiah 58:7-10

Then will your light shine like the dawn

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be naked
and do not turn from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.

Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'

If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

The Word of the Lord.

Responsorial Psalm

Psalm 111(112):4-9

The good man is a light in the darkness for the upright.

or

Alleluia!

He is a light in the darkness for the upright:

he is generous, merciful and just.

The good man takes pity and lends,

he conducts his affairs with honour.

The good man is a light in the darkness for the upright.

or

Alleluia!

The just man will never waver:

he will be remembered for ever.

He has no fear of evil news;

with a firm heart he trusts in the Lord.

The good man is a light in the darkness for the upright.

or

Alleluia!

With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory.

The good man is a light in the darkness for the upright.

or

Alleluia!

Second reading

1 Corinthians 2:1-5

The only knowledge I claimed was of the crucified Christ

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

The Word of the Lord

Gospel Acclamation

Jn8:12

Alleluia, alleluia!

I am the light of the world, says the Lord;
anyone who follows me will have the light of life.
Alleluia!

Gospel

Matthew 5:13-16

Your light must shine in the sight of men

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

The Gospel of the Lord

Offertory Collection

The Offertory Collection for 1st February was €1,350.05

Tourlestrane GAA

Registration Dates for 2026. **When:** Sunday 8th February 11.30am -1pm and Wednesday 11th February 6pm-9pm.

Where: Hilary Rooms, Banada. Cash and Card accepted.. Registration forms were sent out to each household with the 2026 Tourlestrane GAA calendar and lotto renewal forms. Forms are also available at registration.

Tourlestrane GAA Newsletter

Congratulations to Tourlestrane GAA on the publication of the monthly newsletter with club news and fixtures. I liked the picture of those involved in the clean-up. Great to see so many volunteers!.

Baptised and Sent

This Lent, parishes, schools and groups across Ireland are invited to journey together through a set of reflective resources inspired by [*Baptised and Sent*](#) (the preparatory document for the 2025 Assembly in Kilkenny). Grounded in the conviction that baptism is the foundation of our identity, dignity and mission, these resources help us return to the heart of Christian life, that through Baptism we are reborn in Christ and sent out by the Spirit in service of the Gospel.

Each week offers a simple structure for prayer, Gospel reflection and conversations that are linked to key insights from [*Baptised and Sent*](#). The themes for each week, such as belonging, healing, renewal, and mission, flow from *Baptised and Sent*'s call to see baptism as the “entry point to a life of faith, a gateway to mission, and the root and foundation on which to build a Christian life” as well as a unifying paradigm for the renewal of the Church in Ireland.

Through these Lenten reflections, each person – lay, religious and ordained – are encouraged to rediscover who we are as God’s people, to listen to the Holy Spirit and to take concrete steps, individually and collectively towards living our baptismal calling more deeply. Our hope is that this season of Lent will open our collective hearts to new life in Christ and prepare us for the continuing synodal journey toward the National Assembly in 2026.

Achonry & Elphin Dioceses’

‘Come, Follow Me’

Faith & Fun Club

Information & Training

Gathering

2026

**Summerhill College,
Circular Rd
Sligo
F91 D5YF**

**6.30 – 9.30 pm,
Friday 27th February**

&

**9.30 – 5 pm,
Saturday 28th February**

All Welcome

Pre-booking essential as places (50) are limited.

Welcome!

Do you wish to see children between the ages of seven and eleven (First Holy Communion and Confirmation) come to an abiding, loving, personal relationship with God? Do Jesus' words 'Let the children come to me' resonate with you? Are you open to helping your child or other peoples' children appreciate being part of the Church, and its mission?

www.achonrydiocese.org/cfm,

Banada Abbey Bingo

Banada Abbey Bingo this Tuesday at 8.00pm. Play in the hall or on-line. New Jackpot GAME for €2,000 now on 46 calls or less. Game 5 Jackpot €1,000 in 40 calls or less. Prize Fund of €10,500 on offer. Lots of additional ways to win in the hall, including an extra Game. Don't miss out!!

Bowls at Banada Abbey

Why not try out this new game at Banada Abbey hall each Thursday at 8.00pm? New players always welcome !!

Cloonacool Players'

The hilarious Irish comedy of miracle and mayhem, 'Daughter from Over the Water', is in Cloonacool Players' safe hands.

Brilliant & fast moving the production is on for 3 nights: Thurs 19, Sat 21 & Sun 22 March @ 8pm in Cloonacool Community Centre. Great cast includes: Pat

Feehily, Eileen Davey, Peadar Conway, MaryKathleen Johnson and other ace Cloonacool actors, all directed by Brid Calvey. Keep these dates free, you won't want to miss it.

Local chiropodist

Local chiropodist will be available on Monday 16th February in the Heritage Centre at Joe Dan's, to book an appointment please call Sean on 087 783 5159

Family Mass

The next Family Mass will be this Sunday 8th February at 10.30pm in Tourlestrane church.

First Confessions

The children in 2nd Class in Castlerock NS will make their First Confession in Castlerock NS on Wednesday 25th March at 3pm.

The children in 2nd Class in Banada NS and Drimina NS will make their First Confessions in Tourlestrane church on Thursday 19th March at 7pm.

Recent Death

Please pray for Maureen Ginty who died in England this week. She was wife of the late Eugene Ginty, sister in law of Ben Ginty, Claddagh and Clare Cunney, Kilmactigue

New Parish Website

The new website for the Parish will be <https://www.kilmactigueparish.com/>. It is live now .

Guided Prayer Afternoon

Fr Peyton Centre, Attymass, Guided Prayer Afternoon: Thursday, Feb 12 2pm - 4.30pm. The afternoon includes rosary, meditation, silent time and Mass. For information contact: Fina 096 45374 / 087 681 6821

Scripture

Lenten Scripture Initiative – The Gospel of Matthew: for all dates and venues, see <https://achonrydiocese.org/matthew>.

Pioneer Dinner Dance

The annual Achonry Pioneer dinner dance will be held on Friday 20th March at 8pm sharp at The Yeats County Inn, Curry. Three course meal with tea/coffee and raffle on the night. Music by The Duets. Tickets are €40 per person. Please contact Thomas at 087-2344338 for more information and to book your tickets.

FRC Café

The FRC Café is open on Thursday 19th February from 10am-12pm. This Café is free and open to all in the area to pop in for a cuppa and a chat, why not arrange to meet a friend and see what it is all about.

South Sligo Social Club

South Sligo Social Club will meet Thursday February 12th at 11am-12.30pm. This Social group is for people with Alzheimer's, Dementia or memory loss and their Family/supporters. If you are a carer/supporter, feel free to pop along by yourself or bring the person you are caring for also. A warm and welcome environment

and the all-important cuppa awaits. Contact the FRC for more information or to express interest.

Introduction to Journalling- 4 Week Programme

Journaling is a simple, private, and free tool for mental and emotional wellbeing. By writing down your thoughts and feelings, you can clear your mind, reduce stress, and better understand yourself. Benefits include reduced stress and anxiety, boosts mood and positivity, increased self-awareness, increased creativity, and problem solving. Want to give it a go? Then join Tubbercurry FRC for this programme starting Monday 9th March and gain simple tips and techniques to get you started. No experience needed, Cost €15. Inquiries/Bookings to 0719186926.

International Women's Day

Celebrate international women's day with a free event in the FRC on Friday 6th March from 10am-12.30pm. We will be joined by the possibility illuminators for a morning of hope, strength and courage. At the end of the event you can expect to have a renewed sense of you own hope, strength and courage. You will leave feeling up lifted and more confident in your ability to deal with the challenges in your life. Free event, booking essential to 0719186926.

Wednesday Walks

Wednesday Walks are back with the FRC meeting at various locations for a 5-6km walk followed by a cuppa. Wednesday 11th February meeting at Cloonacool community centre at 10.20am. For more information on all upcoming walks contact the centre on 0719186926.

Lent

Ash Wednesday, the beginning is on 18th February this year.

Peace and Justice.

Would anyone like to take part in the Trocaire Lenten Campaign? The boxes have arrived. As a parish, we should really make more of the Trocaire Campaign to raise our awareness of the various injustices and disasters around the world that are happening and how we can help. The Trocaire Campaign runs all during Lent.

theway.ie

The Irish Bishop's Conference has launched a new on-line platform called theway.ie to help people to discover, live and pass on the Catholic faith. Please "like and subscribe" to their content on Facebook, Instagram, Spotify and You Tube and pass the word on.

New Offertory Envelopes

The new Offertory Boxes are available now at the exit of the churches. Please collect.

Celebrating 50 years of Boards of Management of National Schools

This year we celebrate the 50th Anniversary of the establishment of Boards of management for National Schools. We owe a debt of gratitude to all those who were members of boards down through the years.

Thank-You

A sincere thank you to Gerry Curley of Office Pro for his sponsorship of both Volume 1 & 2 of the Lough Talt calendars. His continued support is very much appreciated. All funds raised from the sale of the calendars go towards the upkeep of Lough Talt church.

They Looked on Him Whom they had Pierced.'

Saturday, 28th February 2026, 10am to 4pm At Holy Hill Hermitage, Skreen, Sligo. F91 CA24 **Programme** 10am Arrival and Coffee 10.30 Welcome and introduction - Sr Pat 10.45 **'Now my Every Act is Love.'** Gillian 11.45 Adoration – silence 12.15 Mass 1pm Lunch (Please bring packed lunch) 2.30pm **'The Pierced Christ: A Journey Through Poetry.'** Mary 3.10pm Sharing in small groups 3.45pm Closing Prayer To book email friendsofcarmelhh@gmail.com donations appreciated! **All Welcome!**

Anam Cara

Anam Cara, the organisation that supports bereaved parents, will hold its monthly Parent Support Evening on Tuesday 27th January 2026 at 7.30pm in the TF Royal Hotel, Castlebar, Co. Mayo. This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance. We also offer an online support group meeting. To find out more call 01 4045378 or email info@anamcara.ie

Baptised in Christ (Intercom)

The mass has been central to the Irish Catholic identity and experience. Every small village has a chapel; mass rocks dot the country from Penal times. Devotion to and the celebration of the Holy Sacrifice of the Mass was central to our cultural and religious self-understanding. Vocations to priesthood abounded to ensure the celebration of this sacred mystery and of the other sacraments. Baptism has never formed the Irish Catholic imagination in the same way. Unlike many other European countries, no ancient baptismal sites had been found in our land. The contemporary emphasis on baptism as the foundation of Christian life and mission does not sit easily with Irish Catholicism.

The Second Vatican Council intended to put an end to the pyramidal vision of the Church and to assert that all members of the church are equal by reason of their baptism, prior to any subsequent differentiation. The term “the people” has often been used to denote “the laity” or “the faithful” besides the Pope, bishops, priests, and religious. Vatican II intended the term “People of God” to refer to all the baptized “from the bishops to the last of the faithful lay people. (Liam Bergin: Baptised in Christ: Reborn for Mission)

Catholic Schools Week

2026 celebrates the extraordinary call to holiness in the midst of ordinary life. Inspired by Pope Francis's reflection on St. Carlo Acutis - (3 May 1991 – 12 Oct. 2006) - an English-born Italian who died from leukemia in 2006 - who has been celebrated for his devotion to the Eucharist and his use of technology to promote the Catholic faith -this year's theme invited pupils, teachers, families, and parishes to explore the call to holiness as something both universal and accessible. Holiness is not just for a few, but for all; not reserved for religious professionals or mystics, but for every student, teacher, parent, (and grandparent!) living each day in friendship with Jesus Christ. Catholic schools exist to form individuals who know that their lives have a purpose and a calling. This year's theme, "Normal Lives, Called to Holiness," resonates with the central conviction that education is a path not only to knowledge and maturity but to sainthood.

Physical Activity Tasters

Physical Activity Tasters: join Tubbercurry FRC for some taster sessions in Jiving, yoga, strength training and line dancing. Suitable for all ages and abilities. For more information contact the centre on 0719186926.

Baby Bonding

Baby Bonding: a six week course will take place in the FRC starting April 14th for 6 weeks. Each session lasts one hour. Enjoy simple, gently, playful activities to help build a strong relationship with your little one. Suitable for expectant mums 28+weeks and babies up to 8 months. Cost €15pp. Booking essential to 0719186926.

Thriving Ahead

Thriving ahead: this four week personal development course will focus on building strong foundations for wellbeing, self-care, stress management, developing healthy habits and moving forward with purpose. Starting Monday 9th February 10am-12pm in Tubbercurry FRC, cost €15. Bookings to 0719186926.

Readers Missals 2026

The new Missals for 2026 for readers are now available from Fr John

St Vincent De Paul Collection

The phone number for the local conference is 087 3549586.

Parish Safeguarding Handbook.

The Parish Safeguarding handbook is available on

<http://achonrydiocese.org/safeguardinghandbook/>

Irish courses: Junior Cycle Exam Revision Course Saturday 31st January 10am-2pm. **Leaving Cert Irish Oral Course:** Saturday 7th March 10am-2.30pm. Venue: Banada. Call or text Siobhán on 0876151581 to enquire or to book a place.

[You don't have to be addicted to suffer from addiction!](#)

M-PACT , a FREE eight-week family programme
Supporting all family members affected by parental substance misuse
Helping to improve relationships, communication and recovery for all
If interested or would like further information
Please contact 071 9150578 / 085 875 9313 or email
sligoleitrim@alcoholforum.com

Enrolment at Castlerock N.S.

Enrolment is now open at Castlerock N.S. Enrolment forms are available on request by emailing castlerockns@gmail.com or by contacting the school on 071-9181234 or 086-6096439. Our Admission Policy is available on our website at www.castlerockns.ie where you can also view life at Castlerock NS!

Enrolment Now Open at Banada N.S.!

We are delighted to announce that enrolment is now open at **Banada National School** for the upcoming school year.

RADIO MARIA

Thank God and sincere thanks also to our many listeners and supporters as RADIO MARIA IRELAND continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – do join our growing faith family! Here’s how you can listen:

1. Via Digital TV - Saorview Channel 210
2. Download our FREE App “RADIO MARIA IRELAND”
3. Streaming on our WEBSITE - www.radiomaria.ie
4. Via our ‘Listen Live Radio’ link on our Facebook Page.
5. Via PHONE – get live radio feed by calling +353 (0) 1 437 3277 (no extra charges apply).
6. Via DAB Radio in Leinster area.

Why not drop a line to our Spiritual Director, Fr Des Farren by text on 089-4672000, by phone on 01-4123456, or come and pay us a visit at Radio Maria Ireland, St. Anthony’s Business Park, Ballymount Road, Dublin 22. D22 R7W2

Walking with Families

“**Walking with Families**” online program designed to provide high-quality theological and pastoral formation on marriage and family life. The program runs from mid-February to the end of May 2026. Classes will be held live on Zoom every Tuesday and Thursday from 5:30 p.m. to 7:00 p.m. Rome time, for a total of 48 class hours. Classes will not be held during Holy Week and Easter Week. For more information see www.istitutogp2.it or email: pathways@istitutogp2.it. “Families are the cradle of the future of humanity” Pope Leo XIV.

Spiritual Exercises:

5 Day Silent Ignatian Retreat for Men. Led by Benedictine monks from St. Joseph Abbey, in France. Starts Thursday 30th April (3pm). Benburb Priory, Co. Tyrone (1.5 hrs from Dublin). €450 (all meals & single room included). Daily Mass - Ordinary Form (Latin & ad orientem). Discover the strength that only comes when you stop running and let God speak. **Book at:** <https://soutenir.clairval.com/retreat-benburb-priory>

Camino

Have you ever dreamed of walking the Camino de Santiago? Breakthrough Cancer Research are taking on the final 100KM of the 'French Way', Sarria to Santiago from the 13th - 20th of April 2026 and would love for you to join them. Many people choose to walk the Camino with Breakthrough Cancer Research for deeply personal reasons. Some take part to honour a loved one, others to fulfil a bucket-list dream, and many simply wish to share a meaningful experience with a friend or partner - all while helping to raise vital, life-saving funds for cancer research. Starting in the charming town of Sarria, experience camaraderie and reflection as you walk toward Santiago de Compostela, creating lasting memories on this historic pilgrimage. For more information, please contact Edel, edel@breakcancer.ie or phone 021 422 66 55 for more details.

Family Carers Ireland

National Charity supporting 500,000+ Family Carers Nationwide - recruiting **Community Homecare Workers** to provide support to clients. Flexible work hours based on availability. Essential Requirements: Qualifications – QQI Care of The Older Person and Care Skills Modules completed, must have own car and Full Driving Licence. Please send CV to jobs@familycarers.ie or contact Carol on 049 8511031 or 086 4183949 for more information.

Confessions

Confessions is available on Friday evenings in Tourlestrane church at 6pm to 6.30pm in the adoration room.

Baptised and Sent

Over the past four years the Irish Church and the Universal Church have been on a journey of renewal. Numerous gatherings have been held across every Irish diocese and various other groupings. These gatherings have been carried out in a prayerful way in an attempt to listen deeply to where the Holy Spirit is calling us, the people of God, as we try to respond to the call. The fruit of what emerged from this extended period of reflection and prayer can be found in the [Irish Synodal Pathway's document, Baptised and Sent.](#)

Baptised and Sent identifies recurring themes in our conversations. These include the wound of abuse and the demand for real healing and accountability; the call of women and men for leadership roles and a recognition of women's gifts in the life of the Church; the alienation of young people, many of whom find our liturgies wearisome and our witness unconvincing; the discomfort, and sometimes exclusion, felt by LGBTQ+ people; the fatigue of priests carrying too

much on ageing shoulders; and the gnawing sense of a Church that has struggled to speak credibly into the public square and secular culture.

Date of First Communions

First Communion will be celebrated in Tourlestrane church for the children in second class from Banada NS and Drimina NS on Saturday 16th May at 11am

First Communion will be celebrated in Lough Talt church for the children in second class in Castlerock NS on Sunday 24th May at 11am.

Date of Confirmation.

The Sacrament of Confirmation will be celebrated with Bishop Kevin Doran in Tourlestrane church on Friday 8th May at 4pm.

Altar Servers.

Thanks to the boys and girls who have volunteered to be altar servers this year.

Children's Choir.

It was good to see the children's choir beginning rehearsals for the new year. Encourage your children to take an active part in the work of our parish community.

Achonry Pioneers

Achonry Pioneer Total Abstinence Association If anyone in the parish would like to receive their Silver, Gold or Diamond Pioneer pin or become a member, please email achonrypioneers@gmail.com or contact Thomas at 087-2344338

Dementia Support Worker

Join Our Caring Team! Dementia Support Worker (Care in the Community) Looking for meaningful, flexible work? We're seeking compassionate, honest, reliable people to support individuals living with dementia in their own homes in Co. Mayo

Locations: All throughout Co. Mayo

What You'll Do: Offer companionship and social connection. Assist with daily living activities. Support meaningful activities. Give primary carers a well-deserved break.

Flexible hours – work around *your* schedule! Make a real difference, one visit at a time.

Essentials: QQI Level 5 modules in **Care Skills & Care of the Older Person**

Desirable: Previous experience in caring / QQI Level 5 in Health Care

Interested? Get in touch today! 094 93 64900 or email careers@westernalzheimers.ie

Tusla, Meitheal.

Meitheal is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well and not so well in their child or young person's life and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please contact 0876562844 or email

