Sunday 1st February 2026

Mass Intentions.

Tourlestrane church

Sunday 1st February: 10.30am: Madge & Richard Kennedy, the Carr and Kennedy family

Monday 2nd February: No Mass

Tuesday 3rd February: 9.30am

Wednesday 4th February 9.30am

Thursday 5th February: No Mass

Friday 6th February: 7pm Kieran Stenson (Months mind)

Saturday 7th February: 11.30am Lena McNeela (nee Marren), Cloongoonagh

Sunday 8th February 10.30am: Martin Walsh, Rhue

Kilmactigue church

Saturday 31st January: 7pm

Sunday 1st February No Mass

Monday 2nd February: 9.30am Candlemas

Tuesday 3rd February: No Mass

Wednesday 4th February; No Mass

Thursday 5th February: 9.30am

Friday 6th February: No Mass

Saturday 7th February: 7pm Ellie & Patrick Gallagher, daughter Mary Lydon, sons Ben and Seamus

Sunday 8th February: No Mass

Lough Talt church

Sunday 1st February: 9.20am: Nellie & James Curley, Mary & Peter.

Sunday 8th February: 9.20am : Josie & Anthony Mullarkey, son Tommie

First reading

Zephaniah 2:3,3:12-13

In your midst I will leave a humble and lowly people

Seek the Lord,
all you, the humble of the earth,
who obey his commands.
Seek integrity,
seek humility:
you may perhaps find shelter
on the day of the anger of the Lord.

In your midst I will leave
a humble and lowly people,
and those who are left in Israel will seek refuge in the name of the Lord.
They will do no wrong,
will tell no lies;
and the perjured tongue will no longer
be found in their mouths.
But they will be able to graze and rest
with no one to disturb them.
The Word of the Lord

Responsorial Psalm

Psalm 145(146):6-10

How happy are the poor in spirit: theirs is the kingdom of heaven.
or
Alleluia!

It is the Lord who keeps faith for ever,
who is just to those who are oppressed.
It is he who gives bread to the hungry,
the Lord, who sets prisoners free.

How happy are the poor in spirit: theirs is the kingdom of heaven.
or
Alleluia!

It is the Lord who gives sight to the blind,
who raises up those who are bowed down,
the Lord, who protects the stranger
and upholds the widow and orphan.

How happy are the poor in spirit: theirs is the kingdom of heaven.
or
Alleluia!

It is the Lord who loves the just
but thwarts the path of the wicked.
The Lord will reign for ever,
Zion's God, from age to age.

How happy are the poor in spirit: theirs is the kingdom of heaven.
or
Alleluia!

Second reading

1 Corinthians 1:26-31

God chose what is foolish by human reckoning, to shame the wise

Take yourselves for instance, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: *if anyone wants to boast, let him boast about the Lord.*

The Word of the Lord

Gospel Acclamation

Mt11:25

Alleluia, alleluia!
Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.
Alleluia!

Gospel

Matthew 5:1-12a

How happy are the poor in spirit

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

'How happy are the poor in spirit;
theirs is the kingdom of heaven.
Happy the gentle:
they shall have the earth for their heritage.
Happy those who mourn:
they shall be comforted.
Happy those who hunger and thirst for what is right:

they shall be satisfied.
Happy the merciful:
they shall have mercy shown them.
Happy the pure in heart:
they shall see God.
Happy the peacemakers:
they shall be called sons of God.
Happy those who are persecuted in the cause of right:
theirs is the kingdom of heaven.

'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

The Gospel of the Lord

Offertory Collection

The Offertory Collection for 25th January was €1,006.80

Feast days

Sunday 1st Feb is the Feast of St Bridget. The blessing of St Bridgets' crosses will take place during Mass this weekend. We will also have the blessing of throats and of candles after each mass this weekend..

Sick & Housebound.

Fr John will visit the sick and housebound on Thursday and Friday 5th & 6th February at around the usual times.

Family Mass

The next Family Mass will be next Sunday 8th February at 10.30pm in Tourlestrane church.

First Confessions

The children in 2nd Class in Castlerock NS will make their First Confession in Castlerock NS on Wednesday 25th March at 3pm.
The children in 2nd Class in Banada NS and Drimina NS will make their First Confessions in Tourlestrane church on Thursday 19th March at 7pm.

Recent Death

Please pray for the family of baby Billy Egan, Neil and Sarah Egan, who died this week.

New Parish Website

The new website for the Parish will be https://www.kilmactigueparish.com/ .It is live now .

Lent

Ash Wednesday, the beginning is on 18th February this year.

Peace and Justice.

Would anyone like to take part in the Trocaire Lenten Campaign? The boxes have arrived. As a parish, we should really make more of the Trocaire Campaign to

raise our awareness of the various injustices and disasters around the world that are happening and how we can help. The Trocaire Campaign runs all during Lent.

theway.ie

The Irish Bishop's Conference has launched a new on-line platform called theway.ie to help people to discover, live and pass on the Catholic faith. Please "like and subscribe" to their content on Facebook, Instagram, Spotify and You Tube and pass the word on.

New Offertory Envelopes

The new Offertory Boxes are available now at the exit of the churches. Please collect.

Celebrating 50 years of Boards of Management of National Schools

This year we celebrate the 50th Anniversary of the establishment of Boards of management for National Schools. We owe a debt of gratitude to all those who were members of boards down through the years.

Thank-You

A sincere thank you to Gerry Curley of Office Pro for his sponsorship of both Volume 1 & 2 of the Lough Talt calendars. His continued support is very much appreciated. All funds raised from the sale of the calendars go towards the upkeep of Lough Talt church.

Banada Abbey Bingo

Banada Abbey Bingo this Tuesday at 8.00pm. Play in the hall or on-line. New Jackpot GAME for €2,000 now on 45 calls or less. Game 5 Jackpot €1,000 in 40 calls or less. Prize Fund of €10,500 on offer. Lots of additional ways to win in the hall, including an extra Game. Don't miss out!!

They Looked on Him Whom they had Pierced.'

Saturday, 28th February 2026, 10am to 4pm At Holy Hill Hermitage, Skreen, Sligo. F91 CA24 **Programme** 10am Arrival and Coffee 10.30 Welcome and introduction - Sr Pat 10.45 **'Now my Every Act is Love.'** Gillian 11.45 Adoration – silence 12.15 Mass 1pm Lunch (Please bring packed lunch) 2.30pm **'The Pierced Christ: A Journey Through Poetry.'** Mary 3.10pm Sharing in small groups 3.45pm Closing Prayer To book email **friendsofcarmelhh@gmail.com** donations appreciated! **All Welcome!**

Anam Cara

Anam Cara, the organisation that supports bereaved parents, will hold its monthly Parent Support Evening on Tuesday 27th January 2026 at 7.30pm in the TF Royal Hotel, Castlebar, Co. Mayo.This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance. We also offer an online support group meeting.To find out more call 01 4045378 or email info@anamcara.ie

Poor Clares

Poor Clares Galway, Half-Day Retreat for women 18-35 with Beth Davis of Blessed is She Ministries. An opportunity to encounter God's love and deepen your life of prayer and communion with God. The event will take place from **2pm to 6pm on Sunday the 1st of February.** For more information and to register: https://cherisheddaughters.eventbrite.ie

Baptised in Christ (Intercom)

The mass has been central to the Irish Catholic identity and experience. Every small village has a chapel; mass rocks dot the country from Penal times. Devotion to and the celebration of the Holy Sacrifice of the Mass was central to our cultural and religious self-understanding. Vocations to priesthood abounded to ensure the celebration of this sacred mystery and of the other sacraments. Baptism has never formed the Irish Catholic imagination in the same way. Unlike many other European countries, no ancient baptismal sites had been found in our land. The contemporary emphasis on baptism as the foundation of Christian life and mission does not sit easily with Irish Catholicism.

The Second Vatican Council intended to put an end to the pyramidal vision of the Church and to assert that all members of the church are equal by reason of their baptism, prior to any subsequent differentiation. The term "the people" has often been used to denote "the laity" or "the faithful" besides the Pope, bishops, priests, and religious. Vatican II intended the term "People of God" to refer to all the baptized "from the bishops to the last of the faithful lay people. (Liam Bergin: Baptised in Christ: Reborn for Mission)

Catholic Schools Week

2026 celebrates the extraordinary call to holiness in the midst of ordinary life. Inspired by Pope Francis's reflection on St. Carlo Acutis - (3 May 1991 – 12 Oct. 2006) - an English-born Italian who died from leukemia in 2006 - who has been celebrated for his devotion to the Eucharist and his use of technology to promote the Catholic faith -this year's theme invited pupils, teachers, families, and parishes to explore the call to holiness as something both universal and accessible. Holiness is not just for a few, but for all; not reserved for religious professionals or mystics, but for every student, teacher, parent, (and grandparent!) living each day in friendship with Jesus Christ.

Catholic schools exist to form individuals who know that their lives have a purpose and a calling. This year's theme, "Normal Lives, Called to Holiness," resonates with the central conviction that education is a path not only to knowledge and maturity but to sainthood.

Physical Activity Tasters

Physical Activity Tasters: join Tubbercurry FRC for some taster sessions in Jiving, yoga, strength training and line dancing. Suitable for all ages and abilities. For more information contact the centre on 0719186926.

Baby Bonding

Baby Bonding: a six week course will take place in the FRC starting April 14th for 6 weeks. Each session lasts one hour. Enjoy simple, gently, playful activities to help build a strong relationship with your little one. Suitable for expectant mums 28+weeks and babies up to 8 months. Cost €15pp. Booking essential to 0719186926.

Thriving Ahead

Thriving ahead: this four week personal development course will focus on building strong foundations for wellbeing, self-care, stress management, developing healthy habits and moving forward with purpose. Starting Monday 9th February 10am-12pm in Tubbercurry FRC, cost €15. Bookings to 0719186926.

Readers Missals 2026

The new Missals for 2026 for readers are now available from Fr John

St Vincent De Paul Collection

The phone number for the local conference is 087 3549586.

Parish Safeguarding Handbook.

The Parish Safeguarding handbook is available on
http://achonrydiocese.org/safeguardinghandbook/

Irish courses: Junior Cycle Exam Revision Course Saturday 31st January 10am-2pm. **Leaving Cert Irish Oral Course:** Saturday 7th March 10am-2.30pm. Venue: Banada. Call or text Siobhán on 0876151581 to enquire or to book a place.

You don't have to be addicted to suffer from addiction!
M-PACT , a FREE eight-week family programme
Supporting all family members affected by parental substance misuse
Helping to improve relationships, communication and recovery for all
If interested or would like further information
Please contact 071 9150578 / 085 875 9313 or email sligoleitrim@alcoholforum.com

Enrolment at Castlerock N.S.

Enrolment is now open at Castlerock N.S. Enrolment forms are available on request by emailing castlerockns@gmail.com or by contacting the school on 071-9181234 or 086-6096439. Our Admission Policy is available on our website at www.castlerockns.ie where you can also view life at Castlerock NS!

Enrolment Now Open at Banada N.S.!

We are delighted to announce that enrolment is now open at **Banada National School** for the upcoming school year.

RADIO MARIA

Thank God and sincere thanks also to our many listeners and supporters as RADIO MARIA IRELAND continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – do join our growing faith family! Here's how you can listen:

1. Via Digital TV - Saorview Channel 210
2. Download our FREE App "RADIO MARIA IRELAND"
3. Streaming on our WEBSITE - www.radiomaria.ie
4. Via our 'Listen Live Radio' link on our Facebook Page.
5. Via PHONE – get live radio feed by calling +353 (0) 1 437 3277 (no extra charges apply).
6. Via DAB Radio in Leinster area.

Why not drop a line to our Spiritual Director, Fr Des Farren by text on 089-4672000, by phone on 01-4123456, or come and pay us a visit at Radio Maria Ireland, St. Anthony's Business Park, Ballymount Road, Dublin 22. D22 R7W2

Walking with Families

"Walking with Families" online program designed to provide high-quality theological and pastoral formation on marriage and family life. The program runs from mid-February to the end of May 2026. Classes will be held live on Zoom every Tuesday and Thursday from 5:30 p.m. to 7:00 p.m. Rome time, for a total of 48 class hours. Classes will not be held during Holy Week and Easter Week. For more information see www.istitutogp2.it or email: pathways@istitutogp2.it. "Families are the cradle of the future of humanity" Pope Leo XIV.

Spiritual Exercises:

5 Day Silent Ignatian Retreat for Men. Led by Benedictine monks from St. Joseph Abbey, in France. Starts Thursday 30th April (3pm). Benburb Priory, Co. Tyrone (1.5 hrs from Dublin). €450 (all meals & single room included). Daily Mass - Ordinary Form (Latin & ad orientem). Discover the strength that only comes when you stop running and let God speak. **Book at**: https://soutenir.clairval.com/retreat-benburb-priory

Camino

Have you ever dreamed of walking the Camino de Santiago? Breakthrough Cancer Research are taking on the final 100KM of the 'French Way', Sarria to Santiago from the 13th - 20th of April 2026 and would love for you to join them. Many people choose to walk the Camino with Breakthrough Cancer Research for deeply personal reasons. Some take part to honour a loved one, others to fulfil a bucket-list dream, and many simply wish to share a meaningful experience with a friend or partner - all while helping to raise vital, life-saving funds for cancer research. Starting in the charming town of Sarria, experience camaraderie and

reflection as you walk toward Santiago de Compostela, creating lasting memories on this historic pilgrimage. For more information, please contact Edel, edel@breakcancer.ie or phone 021 422 66 55 for more details.

Family Carers Ireland

National Charity supporting 500,000+ Family Carers Nationwide - recruiting **Community Homecare Workers** to provide support to clients. Flexible work hours based on availability. Essential Requirements: Qualifications – QQI Care of The Older Person and Care Skills Modules completed, must have own car and Full Driving Licence. Please send CV to jobs@familycarers.ie or contact Carol on 049 8511031 or 086 4183949 for more information.

Confessions

Confessions is available on Friday evenings in Tourlestrane church at 6pm to 6.30pm in the adoration room.

Baptised and Sent

Over the past four years the Irish Church and the Universal Church have been on a journey of renewal. Numerous gatherings have been held across every Irish diocese and various other groupings. These gatherings have been carried out in a prayerful way in an attempt to listen deeply to where the Holy Spirit is calling us, the people of God, as we try to respond to the call .The fruit of what emerged from this extended period of reflection and prayer can be found in the Irish Synodal Pathway's document, Baptised and Sent.

Baptised and Sent identifies recurring themes in our conversations. These include the wound of abuse and the demand for real healing and accountability; the call of women and men for leadership roles and a recognition of women's gifts in the life of the Church; the alienation of young people, many of whom find our liturgies wearisome and our witness unconvincing; the discomfort, and sometimes exclusion, felt by LGBTQ+ people; the fatigue of priests carrying too much on ageing shoulders; and the gnawing sense of a Church that has struggled to speak credibly into the public square and secular culture.

Date of First Communions

First Communion will be celebrated in Tourlestrane church for the children in second class from Banada NS and Drimina NS on Saturday 16th May at 11am

First Communion will be celebrated in Lough Talt church for the children in second class in Castlerock NS on Sunday 24th May at 11am.

Date of Confirmation.

The Sacrament of Confirmation will be celebrated with Bishop Kevin Doran in Tourlestrane church on Friday 8th May at 4pm.

Altar Servers.

Thanks to the boys and girls who have volunteered to be altar servers this year.

Children's Choir.

It was good to see the children's choir beginning rehearsals for the new year. Encourage your children to take an active part in the work of our parish community.

Achonry Pioneers

Achonry Pioneer Total Abstinence Association If anyone in the parish would like to receive their Silver, Gold or Diamond Pioneer pin or become a member, please email achonrypioneers@gmail.com or contact Thomas at 087-2344338

Dementia Support Worker

Join Our Caring Team! Dementia Support Worker (Care in the Community) Looking for meaningful, flexible work? We're seeking compassionate, honest, reliable people to support individuals living with dementia in their own homes in Co. Mayo

Locations: All throughout Co. Mayo

What You'll Do: Offer companionship and social connection. Assist with daily living activities. Support meaningful activities. Give primary carers a well-deserved break.

Flexible hours – work around ***your*** schedule! Make a real difference, one visit at a time.

Essentials: QQI Level 5 modules in **Care Skills** & **Care of the Older Person**

Desirable: Previous experience in caring / QQI Level 5 in Health Care

Interested? Get in touch today! 094 93 64900 or email careers@westernalzheimers.ie

Tusla, Meitheal.

Meitheal is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well and not so well in their child or young person's life and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please contact 0876562844 or email